

Śāligrāma Śilā Pūjā
(by Gaura Keśava dāsa)

Establishing the Articles of Worship

Paraphernalia

1. Go to the *pūjārī* room and collect the following items on a tray (be ready to go on the altar and begin at 5.00 am)

A *pañcapātra* filled with water with a spoon

A handbell on a small plate

Flower petals on a plate

A throw-out pot

A twig (or silver toothbrush with ayurvedic toothpowder or paste)

A silver tongue scraper

Pādyā water in a small bowl with a spoon

Arghya water in a small bowl with a spoon

Ācamana water in a small bowl with a spoon

Madhuparka in a small bowl with a spoon

A small bottle of fragrant massage oil

A spouted waterpot (or pitcher) full of warm water with a cover

A blowing conch on a three-legged stand

A water-conch on a three-legged stand

A shallow dish to use for a bathing receptacle

A big bowl to catch the *caraṇāmṛta*

Towels (one for the deity, one for him to stand on after bath and one to wipe your hands on)

Tilaka in a small bowl to offer the deity after his bath

A small paintbrush

A flower garland

A crown

Some jewels and ornaments

Sandalwood paste on a small plate

Flowers on a plate

Tulasī leaves on a plate

A lighter

A stick of incense in a small incense holder

A small single-wicked ghee lamp

A small bowl of food and a cup of water for the *bhoga* offering (a piece of fruit, a sweet, some rock-candy, or dried fruit and nuts)

A small bowl containing *pān* (or *tāmbūla*)

2. These items should already be in the deity room:

An *āsana* for the *pūjārī* to sit or stand on

A low table to sit in front of and perform the worship on

A large incense holder for the altar

A standing-lamp

Procedure

3. After ringing the doorbells or clapping your hands three times enter the deity room, while chanting the name of the deity.

jaya śrī śrī śāligrāma śilā ki jaya

4. Spread out your *āsana* in front of the deities' table and touching it with the right hand, chant:

(om) āsana-mantrasya, meru-prṣṭha ṛṣih, sutalam chandah, kūrmo devatā, āsanopaveśane viniyogah

*om ādhāra-śaktaye namaḥ
om anantāya namaḥ
om kūrmyā namaḥ*

5. Then with folded palms, chant:

*prṥthvi tvayā dhṛta lokā
devi tvaṁ viṣṇunā dhṛtā
tvaṁ ca dhāraya mām nityam
pavitram cāsanam kuru*

“Oh Mother Earth, you support the whole world, and, O Goddess, you are supported by Lord Viṣṇu. Please support me always and purify this seat.”

6. Sit down on the *āsana* and perform *ācamana*:

Simple *Ācamana*:

om keśavāya namaḥ sip water from *brāhma tīrtha* of right hand
om nārāyaṇāya namaḥ sip water from *brāhma tīrtha* of right hand
om mādhavāya namaḥ sip water from *brāhma tīrtha* of right hand

(Optional) Special *Ācamana*:

om govindāya namaḥ sprinkle water on right hand
om viṣṇave namaḥ sprinkle water on left hand

om madhusūdanāya namaḥ wipe mouth with right hand
om trivikramāya namaḥ wipe mouth with right hand

om vāmanāya namaḥ wipe lips with base of thumb
om śrīdharāya namaḥ wipe lips with base of thumb

om hṛṣīkeśāya namaḥ sprinkle water on both hands
om padmanābhāya namaḥ sprinkle water on feet
om dāmodarāya namaḥ sprinkle water on head

om vāsudevāya namaḥ touch lips with right hand

om saṅkarṣaṇāya namaḥ touch right side of nose with right hand
om pradyumnāya namaḥ touch left side of nose with right hand

om aniruddhāya namaḥ touch right eye with right hand
om puruṣottamāya namaḥ touch left eye with right hand

om adhokṣajāya namaḥ touch right ear with right hand
om nṛsimhāya namaḥ touch left ear with right hand

om acyutāya namaḥ touch navel with right hand
om janardanāya namaḥ touch heart with right hand
om upendrāya namaḥ touch head with right hand

om haraye namaḥ touch right shoulder with right hand
om kṛṣṇāya namaḥ touch left shoulder with right hand

(om) *tad viṣṇoḥ paramam pada-guṇi
sadā pasyanti surāyah
divīva cakṣur ātatam
tad viprāso vipanyavo
jāgrvā-guṇi saḥ samindhate
viṣṇor yat paramam padam*

7. Move the small deities to their respective table.

8. Establishing the *pañcapātra*.

Empty the water from your *pañcapātra* into the throw-out pot.
(Establish the *pañcapātra* in front and slightly to the right of yourself.)

Taking the spouted water pot in your left hand pour a few drops of water from it onto the floor, draw an inverted triangle with the ring finger of your right hand on the place where you want the *pañcapātra* to sit.

Chanting: *om astrāya phaṭ* pour some water into your right hand and sprinkle the empty *pañcapātra* (with spoon).

Chanting: *om ādhāra-śaktaye namaḥ* put the *pañcapātra* onto the triangle.

Chanting: *om hṛdayāya namaḥ* put a flower petal dipped in sandalwood paste into the *pañcapātra*.

Chanting: *om śirase svāhā* fill up the *pañcapātra* with water from the spouted water pot.

9. Establishing the bell.

(Establish the bell (on a plate) in front and slightly to the left of yourself.)

Taking the spouted water pot in your left hand pour a few drops of water from it onto the floor, draw an inverted triangle with the ring finger of your right hand on the place where you want the bell (on a plate) to sit.

Chanting: *om astrāya phaṭ* pour some water into your right hand and sprinkle on the bell (on a plate).

Chanting: *om ādhāra-śaktaye* put the bell (on a plate) on the triangle.

Chanting: *om jaya-dvāni-mantra-mātre svāhā* offer a flower petal dipped in sandalwood paste to the bell in *ārati* fashion and stick it to the side of the bell.

Pick up the bell with the left hand and ring it, then replace it on the plate.

With folded palms, while meditating on the bell as a servant of the Lord chant:

*sarva-vādyā-mayī ghaṇṭe
deva-devasya vallabhe
tvām vinā naiva sarveṣāṃ
śubham bhavati śobhane*

“O beautiful bell, O one who is dear to the God of gods, Śrī Kṛṣṇa, you embody the sweet sound of all music. Without you there is no auspiciousness for anyone.”

10. Establishing the water conch.

(Establish the water conch just in front of the *pañcapātra*.)

Taking the spouted water pot in your left hand pour a few drops of water from it onto the floor, draw an inverted triangle with the ring finger of your right hand on the place where you want the water conch to sit.

Chanting: *om astrāya phaṭ* pour some water into your right hand and sprinkle the empty water conch on it's three-legged stand.

Chanting: *om ādhāra-śaktaye* put the empty water conch on it's three-legged stand onto the triangle.

Chanting: *om hrdayāya namaḥ* put a flower petal dipped in sandalwood paste into the water conch.

Chanting: *om śirase svāhā* fill up the water conch with water from the spouted water pot.

Taking a flower petal dipped in sandalwood paste worship the fire mandala in the three-legged conch stand by offering it in *āratī* fashion to the stand while ringing a bell and chanting: *ete gandha-puṣpe om maṁ vahni maṇḍalāya daśa-kalātmane namaḥ*

Stick the flower petal to the conch stand.

Taking a flower petal dipped in sandalwood paste worship the sun globe in the conch by offering it in *āratī* fashion to the conch while ringing a bell and chanting: *ete gandha-puṣpe om aṁ arka-maṇḍalāya dvādaśa-kalātmane namaḥ*

Stick the flower petal to the top of the water conch.

Taking a flower petal dipped in sandalwood paste worship the moon globe in the conch by offering it in *āratī* fashion to the conch while ringing a bell and chanting: *ete gandha-puṣpe om uṁ soma-maṇḍalāya ṣoḍaśa-kalātmane namaḥ*

Stick the flower petal to the open side of the water conch.

Wrap your sacred thread around your thumb and using the *aṅkuśa mudrā* touch the water in the conch with the middle finger of your right hand (Don't touch your fingernail to the water) while stirring clockwise and chanting:

*(om) gaṅge ca yamune caiva
godāvāri sarasvatī
narmade sindho kāveri
jale 'smin sannidhiṁ kuru*

“O Gaṅgā, O Yamunā, O Godāvāri, O Sarasvatī, O Narmadā, O Sindhu, O Kāveri, Please be present in this water.”

Chant the *mūla mantra* of the deity you are worshiping over the water eight times, counting on the right hand (cover the counting with the left hand).

Taking the water conch in the left hand and pouring some of it's water into the palm of the right hand, sprinkle all the paraphernalia and yourself three times.

Pour the rest of the water out into the throw-out pot.

Replace the conch on it's stand.

Taking the spouted water pot in the left hand refill the conch chanting: *om śirase svāhā*

With folded palms, while meditating on the water conch as Pāñcajanya, (the conch of Lord Viṣṇu) chant:

*tvaṁ purā sāgarotpanno
viṣṇunā vidhṛta kare
mānita sarva-devaiś ca
pāñcajanya namo 'stu te*

“O Pāñcajanya, let all obeisances be unto you. In ancient days you were born from the ocean and were seized by the hand of Lord Viṣṇu, and thus you are honored by all the demigods.”

*tava nādena jīmūtā
vitrasyanti surāsurāḥ
śaśāṅka-yuta-dīptābha
pāñcajanya namo 'stu te*

“O Pāñcajanya, let all obeisances be unto you. O you who are endowed with a brilliant color like the moon, because of your roaring sound the mountains, clouds, demigods and demons tremble in fright.”

*garbhā devāri-nāriṇām
vilayante sahasra-dhā
tava nādena pātāle
pāñcajanya namo 'stu te*

“O Pāñcajanya, let all obeisances be unto you. By your roaring sound, in the lower planetary systems the wombs of the demons’ wives are destroyed into thousands of pieces.”

11. Establishing the blowing conch.

(Establish the blowing conch just behind the bell.)

Taking the spouted water pot in your left hand pour a few drops of water from it onto the floor, draw an inverted triangle with the ring finger of your right hand on the place where you want the blowing conch to sit.

Chanting: *om astrāya phaṭ* pour some water into your right hand and sprinkle the blowing conch on it’s three-legged stand.

Chanting: *om ādhāra-śaktaye* put the blowing conch on it’s three-legged stand onto the triangle.

12. Establishing the *pādyā pātra*.

(Establish the *pādyā pātra* just to the right of the *pañcapātra*.)

Taking the spouted water pot in your left hand pour a few drops of water from it onto the floor, draw an inverted triangle with the ring finger of your right hand on the place where you want the *pādyā pātra* to sit.

Chanting: *om astrāya phaṭ* pour some water into your right hand and sprinkle the *pādyā pātra*

Chanting: *om ādhāra-śaktaye* put the *pādyā pātra* onto the triangle.

13. Establishing the *arghya pātra*.

(Establish the *arghya pātra* just in front of the *pādyā pātra*.)

Taking the spouted water pot in your left hand pour a few drops of water from it onto the floor, draw an inverted triangle with the ring finger of your right hand on the place where you want the *arghya pātra* to sit.

Chanting: **om astrāya phaṭ** pour some water into your right hand and sprinkle the *arghya pātra*

Chanting: **om ādhāra-śaktaye** put the *arghya pātra* onto the triangle.

14. Establishing the *ācamanīya pātra*.

(Establish the *ācamanīya pātra* just in front of the *arghya pātra*.)

Taking the spouted water pot in your left hand pour a few drops of water from it onto the floor, draw an inverted triangle with the ring finger of your right hand on the place where you want the *ācamanīya pātra* to sit.

Chanting: **om astrāya phaṭ** pour some water into your right hand and sprinkle the *ācamanīya pātra*.

Chanting: **om ādhāra-śaktaye** put the *ācamanīya pātra* onto the triangle.

15. Establishing the *madhuparka pātra*.

(Establish the *madhuparka pātra* just in front of the *ācamanīya pātra*.)

Taking the spouted water pot in your left hand pour a few drops of water from it onto the floor, draw an inverted triangle with the ring finger of your right hand on the place where you want the *madhuparka pātra* to sit.

Chanting: **om astrāya phaṭ** pour some water into your right hand and sprinkle the *madhuparka pātra*

Chanting: **om ādhāra-śaktaye** put the *madhuparka pātra* onto the triangle.

16. Establishing the *snāna pātra*.

(Establish the *snāna pātra* just in front of the deities on the table.)

Taking the spouted water pot in your left hand pour a few drops of water from it onto the table (or floor if necessary) draw an inverted triangle with the ring finger of your right hand on the place where you want the *snāna pātra* to sit.

Chanting: **om astrāya phaṭ** pour some water into your right hand and sprinkle the *snāna pātra*

Chanting: **om ādhāra-śaktaye** put the *snāna pātra* onto the triangle.

17. Establishing other items.

(You should place the sandalwood paste just to the right of the *pādya pātra*.)

(You should place the flower petals just in front of the sandalwood paste.)

(You should place the *tulasī* leaves just in front of the flower petals.)

(You should place the throw-out pot just in front of the *tulasī* leaves.)

(You should place the lighter just to the right of the sandalwood paste.)

(You should place the three sticks of incense in a small incense holder just in front of the lighter.)

(You should place the one-wicked ghee lamp just in front of the incense.)

(You should place the spouted water pot just in front of the bell.)

(You should place a tray containing fragrant oil, towels, *tilaka* mixed with lemon juice, tongue scrapers, toothbrushes, a small paintbrush, *tilaka* and *kumkum* to your right.)

(You should place a tray containing the clothes, jewels, garlands and crowns, etc on a tray to your left.)

Abridged Version

Place the small deities on their low table, sit down on the *āsana* in front of it, say *ācamana* and assemble the paraphernalia around you.

Viṣṇu Smaraṇam

Chant *Viṣṇu Smaraṇam* as follows:

*(om) yaṁ brahma vedānta-vido vadanti
pare pradhānaṁ puruṣaṁ tathānye
viśvodgateḥ kāraṇam īśvaraṁ vā
tasmai namo viḥna-vināśāya*

“Obeisances unto Him who is the destroyer of all obstacles, who the knowers of *Vedānta* describe as the Supreme *Brahman*, and who others describe as the *pradhāna*, or totality of mundane elements. Some describe Him as the Supreme Lord and the cause of the creation of the universe.” (*Viṣṇu Purāṇa*)

*(om) tad viṣṇoḥ paramaṁ pada-guṁ
sadā paśyanti surāyaḥ
divīva cakṣur ātatam
tad viprāso vipanyavo
jāgrvā-guṁ saḥ samindhate
viṣṇor yat paramaṁ padam*

“Just as the sun’s rays in the sky are extended to the mundane vision, so in the same way the wise and learned *brāhmaṇas* are able to see the spiritual world, they are also able to reveal that supreme abode of Lord Viṣṇu. Because those highly praiseworthy and spiritually awake *brāhmaṇas* are able to see the spiritual world, they are also able to reveal that supreme abode of Lord Viṣṇu.” (*R̥g Veda* 1.22.20)

*(om) mādhave mādhave vāci
mādhave mādhave hṛdi
smaranti sādhaveḥ sarve
sarva-kāryeṣu mādhave*

“Lord Mādhave is in one’s words and Lord Mādhave is in one’s heart. All the saintly persons remember Lord Mādhave, the husband of the goddess of fortune, in all their undertakings.” (*Narasimha Purāṇa*)

*(om) kṛṣṇo vai sac-cid-ānanda ghaṇaḥ
kṛṣṇa ādi-puruṣaḥ kṛṣṇaḥ puruṣottamaḥ
kṛṣṇo hā u karmādi mālaṁ
kṛṣṇaḥ sa ha sarvaiḥ kāryaḥ
kṛṣṇaḥ kāśam-kṛd-ādīśa-mukha-prabhu-pūjyaḥ
kṛṣṇo ’nādis tasminn ajāṇḍāntar-bāhye
yan maṅgalam tal labhate kṛti*

“Lord Kṛṣṇa is the color of a new rain cloud, therefore He is compared to a transcendental cloud full of eternity, bliss and cognizance. He is the original and supreme person. He is the origin of all activities and the one and only Lord of all. He is the worshipful Lord of the best of the demigods, the controller of Brahmā, Viṣṇu and Śiva. Kṛṣṇa is without any beginning. Whatever auspiciousness is found within or beyond this universe the devotee obtains in Kṛṣṇa alone.”

(*Kṛṣṇa Upaniṣad, Ṛg Veda*)

*(om) hare kṛṣṇa hare kṛṣṇa
kṛṣṇa kṛṣṇa hare hare
hare rāma hare rāma
rāma rāma hare hare*

Maṅgala Śānti

(one should chant the following *mantras* while holding a flower dipped in sandalwood paste in his right hand)

*(om) svasti no govindah svasti no 'cyutānantau
svasti no vāsudevo viṣṇur dadhātu
svasti no nārāyaṇo naro vai
svasti naḥ padmanābhaḥ puruṣottamo dadhātu
svasti no viśvākseno viśveśvaraḥ
svasti no hṛṣīkeśo harir dadhātu
svasti no vainateyo hariḥ
svasti no 'ñjanā-suto hanūr bhāgavato dadhātu
svasti svasti sumaṅgalaiḥ keśo
mahān śrī kṛṣṇaḥ sac-cid-ānanda ghaṇaḥ
sarveśvareśvaro dadhātu*

“May Lord Govinda, Acyuta, Ananta Śeṣa, Vāsudeva and Lord Viṣṇu bestow auspiciousness upon us. May Nara-Nārāyaṇa, Padmanābha and Puruṣottama bestow auspiciousness upon us. May Viśvaksena, the Lord of the universe, Hṛṣīkeśa and Lord Hari bestow auspiciousness upon us. May Garuḍa and the son of Añjanā, who is a great devotee of Lord Rāma, Hanumān, bestow auspiciousness upon us. May the great and only Lord of auspiciousness, Śrī Kṛṣṇa, who is the Lord of all the demigods, bestow upon us all prosperity and auspiciousness.” (*Kṛṣṇa Upaniṣad, Ṛg Veda*)

*karotu svasti me kṛṣṇaḥ
sarva-lokeśvareśvaraḥ
kārṣṇādayaś ca kurvantu
svasti me loka pāvanāḥ*

“May Lord Kṛṣṇa, the Lord of the demigods, the presiding controllers of all the worlds, bestow auspiciousness upon me. May His devotees, who are the saviors of all people, bestow benedictions of auspiciousness upon me.”

(*Sammohana Tantra*)

*kṛṣṇo mamaiva sarvatra
svasti kuryāt śrīyā samam
tathaiva ca sadā kārṣṇiḥ
sarva-vighna-vināśanaḥ*

“May Lord Kṛṣṇa along with his beloved Rādhā bring about prosperity and auspiciousness at all times. In the same way may the devotee of Kṛṣṇa, who is able to destroy all obstacles, always bring about auspiciousness.”

(*Viṣṇu Yāmala Samhitā*)

(om) hare kṛṣṇa hare kṛṣṇa

*kṛṣṇa kṛṣṇa hare hare
hare rāma hare rāma
rāma rāma hare hare*

Throw the flower over your left shoulder.

Bhūta Śuddhi

Meditation

“I am not this material body, nor am I the mind. I am a pure, spiritual entity, the eternal servant of the Lord. My spiritual master is eternally engaged as the Lord’s dearmost servant. I surrender to my spiritual master, who can guide me in performing transcendental service to the Lord.”

*nāham vipro na ca nara-patir nāpi vaiśya na sūdro
nāham varṇi na ca gṛha-patir no vanastho yatir vā
kintu prodyan nikhila paramānanda-pūrṇāmṛtābdher
gopī-bhartuḥ pada-kamalayor dāsa-dāsānudāsaḥ*

“I am not a *brāhmaṇa*, *kṣatriya*, *vaiśya* or *sūdra*; nor a *brahmacārī*, householder, *vānaprastha* or *sannyāsī*. I am the servant of the servant of the servant of the master of the *gopīs*, Śrī Kṛṣṇa, who is an ocean full of transcendental bliss.” (*Padyāvali* 74)

*divyaṁ śrī-hari-mandirāḍhya-tilakaṁ kaṅṭham sumālānvitāṁ
vakṣaḥ śrī-hari-nāma varṇa subhagaṁ śrī-khaṇḍa-liptaṁ punaḥ
pūtaṁ sūkṣmaṁ navāmbaram vimalatāṁ nityaṁ vahantīṁ tanuṁ
dhyāyet śrī-guru-pāda-padma nikaṭe sevotsukāṁ cātmanaḥ*

“One should meditate on oneself situated at the feet of one’s spiritual master, one’s pure body clothed in fine, new cloth, with chest marked with the holy name and smeared with sandalwood pulp, with garland around the neck and wonderful *tilaka*.”

(**N.B.** All items that are unavailable should be offered within the mind while chanting the appropriate *mantras*)

18. Meditate on Śrī Śāligrāma Śilā, while chanting this prayer with folded palms.

*(om) dhyeyaḥ sadā savitr-maṇḍala-madhya-vartī
nārāyaṇaḥ sarasijāsana-sanniviṣṭaḥ
keyūravān makara-kunḍalavān kirīṭī
hārī hiraṇmaya-vapur dhṛta-śaṅkha-cakraḥ*

“Lord Nārāyaṇa is seated on a lotus flower *āsana* within the sun globe. He wears a crown, fish-shaped earrings and arm bands of silver on His golden body, and in His hands He holds a white conchshell and a Sudarśana disc weapon. Because of all this He is ever enchanting and captivating to the mind. One should always meditate upon the Lord in this way.” (*Rg Veda Samhitā*)

19. Remove the deity’s crown, ornament and sacred thread. Place some flower petals dipped in sandalwood paste in the bathing receptacle, for the deity to sit on while ringing the bell in the left hand and chanting:

*(om) sahasra śīrṣā puruṣaḥ
sahasrākṣaḥ sahasra pāt
sa bhūmiṁ viśvato vṛtvā
atyatiṣṭhad dasāṅgulam*

idam āsanam om namo nārāyaṇāya

20. Ring the bell in the left hand and chant:

(om) *puruṣa eveda'guṃ sarvaṃ
yad bhūtaṃ yac ca bhavyam
utāmṛtatva syeśānaḥ
yad annenā tirohati*

prabho kṛpayā svāgatam kuru om namo nārāyaṇāya

(Optional: Show the *avahana* and *sthapana mudras*.)

Then taking a soft dry towel in the left hand, lift the deity into the bathing receptacle

21. Taking the spoon in the right hand offer some water from the *pādyā* bowl into the bathing receptacle in front of the deity, while ringing the bell in the left hand and chanting:

(om) *etāvān asya mahimā
ato jyāyā'guṃś ca pūruṣaḥ
pādo'sya viśvā bhūtāni
tripād asyāmṛtam divi*

etat pādyaṃ om namo nārāyaṇāya

22. Taking the spoon in the right hand offer some water from the *arghya* bowl into the bathing receptacle in front of the deity, while ringing the bell in the left hand and chanting:

(om) *tripād ūrdhva udait puruṣaḥ
pādo'syehābhavāt punaḥ
tato viśvaṃ vyakrāmat
sāśanānaśane abhi*

idam arghyaṃ om namo nārāyaṇāya

23. Taking the spoon in the right hand offer some water from the *ācamanīya* bowl three times to the mouth of the deity (each time discarding it into the throw-out pot), while ringing the bell in the left hand and chanting:

(om) *tasmād virāḍ ajāyata
virājo adhi puruṣaḥ
sa jāto atyaricyata
paścād bhūmim atho puraḥ*

idam ācamanīyaṃ om namo nārāyaṇāya

24. Taking the toothbrush in the right hand, offer it from side to side before the mouth of the deity, while ringing a bell in the left hand and chanting: *eṣa danta-kasthaḥ om namo nārāyaṇāya*

25. Taking the tongue scraper in the right hand, offer it up and down before the mouth of the deity, while ringing a bell in the left hand and chanting: *eṣa jihva ullekhani om namo nārāyaṇāya*

26. Taking the spoon in the right hand offer some water from the *ācamanīya* bowl three times to the mouth of the deity (each time discarding it into the throw-out pot), while ringing the bell in the left hand and chanting:

(om) *tasmād virāḍ ajāyata
virājo adhi puruṣaḥ
sa jāto atyaricyata*

paścād bhūmim atho puraḥ

idam ācamanīyaṃ om̐ namo nārāyaṇāya

27. Taking the bowl of *madhuparka* in the right hand offer it to the mouth of the deity, while ringing the bell in the left hand and chanting:

*(om̐) tasmād yajñāt sarva hutaḥ
sambhṛtaṃ pṛṣad ājyam
paṣū'guṃś tā'guṃś cakre vāyavyān
āraṇyān grāmyāś ca ye*

eṣa madhuparkaḥ om̐ namo nārāyaṇāya

28. Taking the spoon in the right hand offer some water from the *ācamanīya* bowl three times to the mouth of the deity (each time discarding it into the throw-out pot), while ringing the bell in the left hand and chanting:

*(om̐) tasmād virād ajāyata
virājo adhi puruṣaḥ
sa jāto atyaricyata
paścād bhūmim atho puraḥ*

idam ācamanīyaṃ om̐ namo nārāyaṇāya

29. With the right hand massage the body of the deity with fragrant oil after ringing the bell in the left hand and chanting: *idam tailaṃ om̐ namo nārāyaṇāya*

30. Blow the blowing conch three times and wash it over the throw-out pot with water from the *pañcapatra*.

31. Bathe the deity with (at least) three water-conch-shells of water, while ringing the bell in the left hand and chanting:

*(om̐) tasmād yajñāt sarva hutaḥ
ṛcaḥ sāmāni jajñire
chandā'guṃsi jajñire tasmāt
yajus tasmād ajāyata*

idam snānīyaṃ om̐ namo nārāyaṇāya

(N.B. While bathing the deity one should chant prayers appropriate to the particular deity)

32. Taking a soft dry towel in the left hand, lift the deity from the bathing receptacle with the right hand and place him on the towel in the left hand.

33. Dry the deity with a towel.

(Optional: Apply some more fragrant oil to the deity with the right hand chanting: *idam tailaṃ om̐ namo nārāyaṇāya*)

34. Replace the deity in his throne.

35. Offer a sacred thread to the deity, after ringing the bell in the left hand and chanting:

(om̐) tam̐ yajñam̐ barhiṣi praukṣan

*puruṣaṁ jātam agrataḥ
tena devā ayajanta
sādhyā ṛṣayaś ca ye*

idam upavītaṁ om̐ namo nārāyaṇāya

36. Offer the small bowl of *tilaka* to the deity while ringing the bell in the left hand and chanting: *idam tilakaṁ om̐ namo nārāyaṇāya*

(Optional: Paint a face and a *tilaka* marking on the deity while chanting: *om̐ keśavāya namaḥ*, or ornamental *tilaka* and eyes may be put on at this time.)

37. Offer flower petals dipped in sandalwood paste to the deity meditating upon them as clothes while ringing the bell in the left hand and chanting:

*(om̐) tasmād aśva ayājanta
ye ke cobhayādataḥ
gavo ha jajñire tasmāt
tasmāj jātā ajā vayah*

idam sottarīya-vastraṁ om̐ namo nārāyaṇāya

38. Taking the spoon in the right hand offer some water from the *ācamanīya* bowl three times to the mouth of the deity (each time discarding it into the throw-out pot), while ringing the bell in the left hand and chanting:

*(om̐) tasmād virāḍ ajāyata
virājo adhi puruṣaḥ
sa jāto atyaricyata
paścād bhūmim atho puraḥ*

idam ācamanīyaṁ om̐ namo nārāyaṇāya

39. After touching the deity, chant silently eight times:

om̐ namo nārāyaṇāya

40. Offer ornaments to the deity after ringing the bell in the left hand and chanting:

*(om̐) yat puruṣaṁ vyadadhuh
katidhā vyakalpayan
mukhaṁ kim asya kau bāhū
kā ūrū pādāv ucyete*

idam ābharaṇaṁ om̐ namo nārāyaṇāya

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41. Offer a garland to the deity after ringing the bell in the left hand and chanting: *idam mālyam̐ om̐ namo nārāyaṇāya*

42. Apply sandalwood paste to the deity, while ringing the bell in the left hand and chanting:

*(om̐) brāhmaṇo 'sya mukham āsīt
bāhū rājanyaḥ kṛtaḥ
ūrū tad asya yad vaisyaḥ
padbhyāguṁ śūdro ajāyata*

eṣa gandhaḥ om̐ namo nārāyaṇāya

43. Offer flower petals dipped in sandalwood paste to the deity while ringing the bell in the left hand and chanting:

*(om) candramā manaso jātaḥ
cakṣoḥ sūryo ajāyata
mukhād indras cāgnis ca
prāṇād vāyur ajāyata*

idaṁ sugandham puṣpaṁ om namo nārāyaṇāya

44. Offer *tulasī* leaves to the deity while ringing the bell in the left hand and chanting: *etat tulasī pātram om namo nārāyaṇāya*

(N.B. The *tulasī* leaves may be held in place by sandalwood paste)

45. Offer incense to the deity while ringing the bell in the left hand and chanting:

*(om) nābhyā āsīd antarikṣam
śiṛṣṇo dyauḥ samavartata
padbhyām bhūmir diśaḥ śrotrāt
tathā lokāgum akalpayan*

eṣa dhūpaḥ om namo nārāyaṇāya

46. Offer the lamp to the deity while ringing the bell in the left hand and chanting:

*(om) yat puruṣeṇa haviṣā
devā yajñam atanvata
vasanto asyāsīd ājyam
grīṣma idhmaḥ śarad dhaviḥ*

eṣa dīpaḥ om namo nārāyaṇāya

47. Place the *bhoga* before the deity and place a *tulasī* leaf upon it

48. Taking the spoon in the right hand offer some water from the *pādya* bowl into the bathing receptacle in front of the deity then discard it into the throw-out pot, while ringing the bell in the left hand and chanting:

*(om) etāvān asya mahimā
ato jyāyā'gumś ca pūruṣaḥ
pādo'sya viśvā bhūtāni
tripād asyāmṛtam divi*

etat pādyaṁ om namo nārāyaṇāya

49. Taking the spoon in the right hand offer some water from the *ācamanīya* bowl three times to the mouth of the deity (each time discarding it into the throw-out pot), while ringing the bell in the left hand and chanting:

*(om) tasmād virād ajāyata
virājo adhi pūruṣaḥ
sa jāto atyaricyata
paścād bhūmim atho puraḥ*

idam ācamanīyaṃ om̐ namo nārāyaṇāya

50. Ring the bell in the left hand and chant:

*(om̐) saptāsyāsan paridhāyaḥ
triḥ sapta samidhaḥ kṛtāḥ
devā yad yajñam tanvānāḥ
abadhnan puruṣam paśum*

idam̐ naivedyaṃ om̐ namo nārāyaṇāya

51. Meditate on the deity enjoying the *bhoga* offering.

52. Taking the spoon in the right hand offer some water from the *ācamanīya* bowl three times to the mouth of the deity (each time discarding it into the throw-out pot), while ringing the bell in the left hand and chanting:

*(om̐) tasmād virāḍ ajāyata
virājo adhi puruṣaḥ
sa jāto atyaricyata
paścād bhūmim atho puraḥ*

idam ācamanīyaṃ om̐ namo nārāyaṇāya

53. Place the small bowl of *pān* (or *tāmbūla*) before the deity, while ringing the bell in the left hand and chanting: *idam̐ tāmbūlam̐ om̐ namo nārāyaṇāya*

54. Offer a flower to the deity while ringing the bell in the left hand and chanting: *idam̐ sarvam̐ om̐ namo nārāyaṇāya*

55. Chant silently ten times:

om̐ namo nārāyaṇāya

56. Chant the following prayer to Śrī Śāligrāma Śilā with folded palms.

*(om̐) yajñena yajñam ayaṅanta devāḥ
tāni dharmāṇi prathamāny āsan
te ha nākam̐ mahimānaḥ sacante
yatra pūrve sādhyāḥ santi devāḥ*

57. Replace the deity on the altar

58. Remove the *prasādam*, clean up and put away the paraphernalia

One may optionally chant mantras for the forgiveness of offenses afterwards.